



KAZOKU

SUSHI • PHO • ASIAN FUSION

Small Bites - \$10.00

Kiki's Egg Roll - Turkey, Dry Mushroom, Glass Noodles

Dumplings - Pork and Veggies

Edamame - Steamed Green Beans

Crab Rangoon - Cream Cheese and Crab Meat

Aga Dashi Tofu - Fried Tofu with Tempura Sauce

Sesame Chicken - Marinated Chicken with Teriyaki Sauce

Crispy Snowball - Snowcrab Wrapped with Potatoes, Deep Fried

Benny's Fried Wonton - Shrimp Dumplings, Fried

Salad

Snowcrab Avocado Salad \$12.00

Snowcrab, Avocado on top of lettuce carrot based salad

Tuna Tataki Salad \$13.00

Pepper Tuna, Avocado, Lettuce

Field Salad \$15.00

Spicy Tuna, Salmon, Avocado, Wasabi Tobiko, Smelt Roe & Lettuce

Baked Salmon Appetizer \$16.00

Lettuce, Baked Salmon, Snowcrab, Eel Sauce

Cucumber Crabstick Salad \$12.00

Cucumber, Green Onion, Sesame Seed, Crabstick, Roe with Spicy Ponzu Sauce

Cucumber Snowcrab Salad \$12.00

Cucumber, Green Onion, Sesame Seed, Snowcrab, Roe with Spicy Ponzu Sauce

Cucumber Seafood Salad \$25.00

Red Snapper, Pepper Tuna, Salmon, Crabstick, Boiled Shrimp, Escolar, Tuna, Roe with Cucumber on the Bottom, Spicy Ponzu Sauce

House Salad \$10.00

Spring Mix, Wasabi Peas, Balsamic Honey Dressing

Tuna Tokyo Salad \$15.00

Tuna, Avocado, Balsamic Sauce, Smelt Roe, Green Onion

Seaweed / Squid Salad \$9.00

Ocean Salad \$15.00

Avocado, Red Snapper, Pepper Tuna, Salmon, Crabstick, Boiled Shrimp, Escolar, Tuna, Smelt Roe, Spicy Ponzu Sauce

Specialty Salads - \$16.00

Iceberg Wedge Tuna and Crab Salad

Cut Half Iceberg, Pepper Tuna, Lump Crab Meat, Blue Cheese, Green Onion, Smelt Roe & Ponzu Sauce

Super Kale Salad

Kale, Carrot, Blue Cheese, Avocado, Tomatoes, Purple Cabbage, Grilled Salmon with Balsamic Honey Dressing

Shredded Chicken and Cabbage Salad

Shredded Cabbage, Carrot, Cilantro, Crushed Peanuts, Green Onion and Basil Leaves with Shredded Chicken, Served with Lime Vinegar Dressing

Substitute Shrimp +\$4.00

Vietnamese Coconut Shrimp Salad

Fried Coconut Shrimp on a Bed of Lettuce, Carrot, Cashew and Tomatoes Served with Homemade Coconut Ranch and Sweet Chili Sauce

Grilled Chicken Yam Noodles Salad

No Carbohydrate Noodles, Corn, Edamame, Pickled Carrot, Cashew

Shrimp Skewer Salad

Spring mix salad with grilled shrimp and Thai sweet chili sauce

Cup Soup

Small \$4.00 - Large \$8.00

Gyoza • Miso • Egg Drop • Hot and Sour

Phô

1 Item \$12.00 • 2 Items \$15.00

Phô is a Vietnamese soup consisting of broth, rice noodles, herbs and meat.

Phô Garnished with Onions, Scallions, Cilantro,

Served Along Side Bean Sprouts, Basil, Lime and Jalapeños

Chicken • Rare Steak • Meatball • Tendon

Brisket • Asian Veggies • Shrimp • Tofu

Add Extra Items: +\$4 Each

Phô Saigon \$16.00

Well Done Brisket, Meatball, Beef Tendon and Rare Steak

Wonton Egg Mein \$18.00

Shrimp Wonton, Roasted Pork with Asian Veggies and Egg Noodles

Grilled Salmon \$23.00

Grilled Salmon Marinated in Lemongrass Ginger Garlic Paste with a Bowl of Phô

Oxtail Phô \$23.00

Oxtail Cooked in Beef Bone Broth for Over 10 Hours.

Served with Cabbage and Carrots

Ramen Tonkotsu - \$14.00

Pork Bone Soup Base, Pork Belly, Bean Sprout, Egg, Corn, Seaweed and Dry Mushroom.



Appetizers

Tempura: Shrimp(5) \$15.00

Japanese Fried Food Style

Shrimp(2) + Veggies(6) • Crabstick(6) • Chicken(6) \$12.00

Japanese Fried Food Style

Squid Steak \$15.00

Grilled Rings Squid, Teriyaki Sauce

Calamari Snowcrab \$12.00

Fried Calamari, Snowcrab, Eel Sauce

Tuna Tartar \$13.00

Tuna, Avocado, Spicy Tuna, Roe, with Ponzu Sauce

Hamachi Kama \$12.00

Broiled Yellowtail Neck

Baked Green Mussels \$12.00

Mussels Baked with Mayo Sauce, Smelt Roe, Green Onion

Spring Rolls - \$8.00

House - Fresh Rice Paper Rolled with Char-Grilled Pork, Shrimp, Vermicelli, Cilantro, Carrot, Cucumber, Basil and Lettuce, Served with Peanut Sauce

Shrimp - Fresh Rice Paper Rolled with Shrimp, Vermicelli, Carrot, Cucumber, Lettuce, Served with Peanut Sauce

Grilled Pork - Fresh Rice Paper Rolled with Char-Grilled Pork, Vermicelli, Carrot, Cucumber and Lettuce, Served with Peanut Sauce

Veggies - Fresh Rice Paper Rolled with Lettuce, Carrot, Avocado, Cucumber, Cilantro, Vermicelli and Basil, Served with Peanut Sauce

Shredded Chicken Jalapeños - Fresh Rice Paper Rolled with Lettuce, Cucumber, Jalapeño, Vermicelli and Cilantro, Served with Peanut Sauce

Grilled Beef - Fresh Rice Paper Rolled with Lettuce, Cucumber, Jalapeño, Vermicelli and Cilantro, Served with Peanut Sauce

Tofu - Fresh Rice Paper Rolled with Lettuce, Carrot, Fried Tofu, Cucumber, Cilantro, Vermicelli and Basil, Served with Peanut Sauce

Pork Belly - Fresh Rice Paper Rolled with Pork Belly, Vermicelli, Carrot, Cucumber and Lettuce, Served with Peanut Sauce

Rice Bowl - \$18.00

Asian Stir Fry Beef Bowl - with Pan Fried Egg and Thinly Sliced Beef Marinated in Black Bean Lemongrass, Lite Spicy Sauce, Stir Fried with Asian Veggies, Crushed Peanuts, Served with Rice

Korean Spicy Pork Bowl - Grilled Pork Smothered in a Sweet Spicy Korean Sauce with Steamed Rice, Stir Fry Bean Sprout, Kimchi, Crushed Peanut, Cilantro, Green Onion and Pickled Veggies, Pan Fried Egg on Top

Roasted Pork - Egg and Asian Veggies Bowl

Katsu Rice Bowl - Fried Chicken / Pork Chop, Pan-Fried Egg

Japanese Bang Bang Shrimp Bowl - Lightly Breaded Fried Shrimp with Japanese Sweet Hot Sauce

Japanese Pork Belly Rice Bowl - Pork Belly cooked in a Slightly Sweet Onion Sauce and Served Over Rice

Vermicelli Noodle Bowl

Vermicelli Rice Noodle Bowls are Served on a Bed of Lettuce, Cilantro, Cucumbers, Crushed peanuts and Pickled Carrot, Served with Fish Sauce

Single \$13.00 • Double \$16.00

Lemongrass Grilled Pork • Beef • Chicken

Shrimp • Tofu • Egg Roll

Add 2 Homemade Egg Rolls Served with Fish Sauce. \$4.00

Add Extra Items: +\$4.00 Each

Vietnamese Tacos - \$10.00

2 Pieces per Order

Pork Belly • Pork • Beef • Shrimp • Chicken • Tofu

Served on a Steamed Bun, Cabbage, Cilantro, and Pickled Carrot

Wings - \$14.00

6 Pieces per Order

Seven Pepper • Lemongrass Butter • Spicy Korean

Citron Honey • Wasabi Jalapeños

Vegetarian Options

Appetizers:

Veggies Dumplings (8 Pieces)	\$9.00
Veggies Egg Rolls (5 Pieces) With sweet chili sauce	\$9.00
Tofu Spring Roll	\$8.00
Fried Tofu With Tempura Sauce	\$9.00
 Steamed Broccoli	\$10.00
 Edamame	\$8.00
 Cucumber Salad With sesame seed, roe, spicy ponzu sauce	\$8.00
Side Salad	\$3.00
Seaweed Salad	\$9.00
Tofu Tacos	\$10.00
Tempura Veggies	\$12.00

Entrées:

Tofu Yaki Udon	\$16.00
Tofu Steak Fried Tofu with Teriyaki Sauce	\$12.00
Vegan Vermicelli Bowl Assorted Veggies w/ Fried Tofu Noodles	\$14.00
Vegan Phô Vegan Soup Base with Asian Veggies and Tofu	\$14.00
Stir-Fry Asian Veggies With Jasmine Rice	\$14.00
Veggies Fried Rice Asian Veggies in Fried Rice	\$15.00
Stir Fry Veggies With Udon	\$15.00

Lunch Entrée Plates

Served from Open - 3:30 pm
Comes with Side Salad and Rice
Eat Fit served with brown rice and sauce on side



1 Item \$14.00

Teriyaki: Chicken • Beef • Salmon • Shrimp • Tofu

Tempura: Chicken • Seafood • Red Snapper • Veggies • Tofu

Vietnamese Lemongrass Broiled:

Chicken • Beef • Pork • Shrimp • Salmon • Pork Chop

Combo \$17.00

Choose 2 Items from Below

Teriyaki: Chicken • Beef • Salmon • Shrimp • Tofu

Tempura: Chicken • Seafood • Red Snapper • Veggies • Tofu

Vietnamese Lemongrass Broiled:

Chicken • Beef • Pork • Shrimp • Salmon

Sushi: Salmon, Tuna, Red Snapper, Boiled Shrimp + Tuna Roll
(Double order +\$3.00)

Sashimi: Salmon, Tuna, Red Snapper, Boiled Shrimp, Crabstick
(Double order +\$3.00)



Nigiri Lunch

8 Pieces Sushi: Salmon, Tuna, Crabstick, Boiled Shrimp, Red Snapper, Escolar, Pepper Tuna, Eel, Tuna Roll; No Side Rice

\$20.00

Sashimi Lunch

Salmon, Tuna, Red Snapper, Escolar, Lemonfish, Pepper Tuna, Crabstick, Boiled Shrimp, Side Sushi Rice

\$24.00



Chirashi

Yellowtail, Salmon, Boiled Shrimp, Pepper Tuna, Tuna, Red Snapper, Lemonfish, Escolar, Crabstick, Sushi Rice Base

\$24.00

Beverages

Soda	\$2.50 Each
Fresh Soda Lemonade	\$5.00
Vietnamese Coffee with Condensed Milk	\$6.00
Juice (No Refill)	\$2.50 Each
Tea Selection	
Jasmine Tea • Green Tea	\$3.00
Sweetened Iced Tea: Regular / Peach	\$3.00
Ginger Honey Tea (Hot/Cold, Non-Refill)	\$5.00
Flower Tea	\$6.00
Individual Pot with Premium Dried Rose and Chrysanthemum	



Eat Fit Northshore items meet nutritional criteria designated by Ochsner Health System in partnership with St. Tammany Parish Hospital. Visit EatFitNorthshore.com + download Eat Fit app for nutrition facts.

Sides

Side Fried Rice • Side Salad • French Fries • Noodles	\$3.00
Steamed Asian Veggies • Egg Rolls (2) • Spring Rolls	\$4.00

Fried Rice - \$15.00

Served with Egg, Onion, and Carrot (With Butter)

Hibachi Fried Rice

Crawfish • Beef • Shrimp • Chicken • Roasted Pork

House Special Fried Rice

Shrimp, Roasted Pork, and Chinese Sausage

Asian Fusion Plates

Kikis Tom Yum Seafood Phô	\$24.00
Onion Lemongrass Soup Base with Shrimp, Salmon, Blue Crab, Mussels and Squid	

Singapore Flatnoodles	\$18.00
Curry Sauce, Flatnoodles, Bell Pepper, Onion, Shrimp, Chicken	

Claypot Fish	\$24.00
High Heat Pan Seared Sheephead, Served with Stir Fry Asian Veggies and Steamed Rice	

Stir-Fry Japanese Lo-Mein	\$20.00
Stir-fry Japanese Soba Noodles with Lemongrass Pork or Chicken. Sub Shrimp or Beef +4, Add Extra Protein +4	

Sizzling Plates - \$20.00

Mongolian Beef • Sweet and Sour Pork
General Tso's Chicken • Seafood Yaki Udon

Dinner Entrée Plates

Served from 3:30 pm - Close
Comes with Side Salad and Rice
Eat Fit served with brown rice and sauce on side

1 Item \$16.00

Teriyaki  Chicken • Beef • Salmon • Shrimp • Tofu

Tempura: Chicken • Seafood • Red Snapper • Veggies • Tofu

Vietnamese Lemongrass Broiled

Chicken • Beef • Pork • Shrimp • Salmon

Combo \$22.00

Choose 2 Items from Below

Teriyaki : Chicken • Beef • Salmon • Shrimp • Tofu

Tempura: Chicken • Seafood • Red Snapper • Veggies • Tofu

Vietnamese Lemongrass Broiled

Chicken • Beef • Pork • Shrimp • Salmon • Pork Chop

Sushi: Salmon, Tuna, Red Snapper, Pepper Tuna, Crabstick + California Roll (Double order +\$3.00)

Sashimi: Salmon, Tuna, Red Snapper, Boiled Shrimp, Crabstick (Double order +\$3.00)



Sushi Deluxe

10 Piece Sushi: Salmon, Tuna, Crabstick, Boiled Shrimp, Red Snapper, Escolar, Pepper Tuna, Lemonfish, Yellowtail, Eel, Tuna Handroll, California Roll; No Side Rice

\$30.00

Assorted Sashimi

Salmon, Tuna, Yellowtail, Red Snapper, Lemonfish, Escolar, Pepper Tuna, Hokki Clam, Sweet Shrimp, Crabstick, Boiled Shrimp, with Side Sushi Rice

\$36.00



Chirashi

Yellowtail, Salmon, Boiled Shrimp, Pepper Tuna, Tuna, Red Snapper, Lemonfish, Escolar, Crabstick, Sushi Rice Base

\$38.00

CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness especially if you have certain medical conditions



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